

# Loraturon 10 Tablet

## Loratadine (10 mg) Tablet

### Description:

Loratadine is a second-generation antihistamine used to relieve the symptoms of allergic rhinitis (hay fever) and chronic urticaria (hives). It works by blocking the effects of histamine, a chemical produced by the body during allergic reactions..

### Composition:

#### Each tablet contains:

- Loratadine: 10 mg

### Indications:

Loratadine 10 mg tablets are indicated for the relief of symptoms associated with:

- Allergic Rhinitis (Hay Fever):
  - Sneezing
  - Runny nose
  - Itchy or watery eyes
  - Itchy throat or nose
- Chronic Urticaria (Hives):
  - Itching
  - Red, raised hives or welts on the skin

### Dosage and Administration:

- Adults and Children Over 12 Years:
  - The usual dose is 10 mg once daily.
- Children (6 to 12 years):
  - The usual dose is 5 mg once daily (half a tablet).
- Children (2 to 5 years):
  - The recommended dose is 5 mg (liquid formulation may be preferred for easier dosing in this age group).
- Renal or Hepatic Impairment:

- Dose adjustments may be necessary for individuals with liver or kidney disorders. Consult a healthcare provider for specific instructions.

### Contraindications:

Loratadine 10 mg tablets are contraindicated in:

- Hypersensitivity to Loratadine or any of the excipients (inactive ingredients) in the tablet.
- Severe Liver Impairment: In cases of severe liver disease, consult your healthcare provider before using Loratadine, as dose adjustments may be needed.

### Warnings and Precautions:

- Drowsiness: Although Loratadine is a non-sedating antihistamine, in rare cases, it may cause mild drowsiness. Avoid activities that require full attention (e.g., driving or operating machinery) if you experience drowsiness.
- Renal or Hepatic Impairment: Patients with liver or kidney dysfunction should use Loratadine with caution, and the dose may need to be reduced.
- Pregnancy and Breastfeeding:
  - Loratadine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.
  - Loratadine is excreted in breast milk, so consult your healthcare provider before using it while breastfeeding.
- Children: The safety and efficacy of Loratadine in children under 2 years have not been established. For children under 6 years, a liquid formulation may be preferable for accurate dosing.

### Side Effects:

- **Common Side Effects:**
    - **Headache**
    - **Drowsiness (rare)**
    - **Dry mouth**
    - **Fatigue**
    - **Nervousness**
  - **Less Common Side Effects:**
    - **Nausea**
    - **Dizziness**
    - **Stomach pain**
    - **Skin rash or itching**
  - **Serious Side Effects:**
    - **Severe allergic reactions: Symptoms such as swelling of the face, lips, tongue, or throat, difficulty breathing, or hives.**
    - **Heart problems: Rapid or irregular heartbeats (palpitations).**
    - **Liver issues: Symptoms such as yellowing of the skin or eyes (jaundice), dark urine, or unexplained fatigue.**
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#### **Storage:**

- **Store at room temperature (between 15°C to 30°C), away from heat, moisture, and direct sunlight.**
  - **Keep out of reach of children.**
  - **Do not use the tablet after the expiration date printed on the packaging.**
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#### **Note:**

**Loratadine 10 mg tablets are a prescription-only medication in some regions or may be available over-the-counter in others. It is important to follow the prescribed dosage and not exceed the recommended dose. If you experience any severe side effects, or if your symptoms worsen or do not improve, contact your healthcare provider immediately.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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